

Charlotte Church, a savoury cheese cake and a pinot noir.

NICK GRIMSHAW: Dish from Waitrose is an SE Creative Studio production and may contain the occasional mild swearing word or adult themes. And it's up after this.

ADVERTISEMENT - FEVER TREE

NICK GRIMSHAW: Oh hello there and welcome to Dish from Waitrose. I am Nick Grimshaw.

ANGELA HARTNETT: And I'm Angela Hartnett.

NICK GRIMSHAW: Hi, Angela Hartnett.

ANGELA HARTNETT: Hey Nick, how are you?

NICK GRIMSHAW: I'm alright. I'm okay, these bits are always weird because obviously we've said hello-

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: -to each other in the room before, and have a goss, and then sit down and say hello to each other as if we've not said hello to each other. So, hi Ange!

ANGELA HARTNETT: Maybe we should do that.

NICK GRIMSHAW: I think we should get going, don't you?

ANGELA HARTNETT: Yeah. Have separate rooms.

NICK GRIMSHAW: Separate rooms.

ANGELA HARTNETT: Come in, 'Hey!'

NICK GRIMSHAW: Someone does that. I know who does that, Chris and Rosie Ramsey do it, they're on in a few weeks.

ANGELA HARTNETT: Exactly.

NICK GRIMSHAW: And they do it apparently. I know. I have got a bone to pick with you, in that the other day, I woke up one morning and I had a missed call from Angela Hartnett, and I was like, oh my God, fun. And Ange and I Whatsapp but we don't like, get on the for a goss, and I was like, oh my God Ange, and I messaged her- I think I rang you back and you didn't answer, and I messaged and I said, 'Oh hi, saw I had a missed call,' and Ange wrote back, 'Sorry, wrong Nick.' And I was like, nooo.

ANGELA HARTNETT: Sorry. Other Nick.

NICK GRIMSHAW: I really thought, oh she's calling for a goss.

ANGELA HARTNETT: Yeah, other Nick in my life. There's a few Nicks in my life.

NICK GRIMSHAW: Is there?

ANGELA HARTNETT: Another Nick G, actually.

NICK GRIMSHAW: Is there? Who's the other Nick G?

ANGELA HARTNETT: I do- he's the one who came to Peru with me!

NICK GRIMSHAW: Oh, not Peru! Oh not Peru.

ANGELA HARTNETT: And we were arranging dinner, which we went out to and had a great dinner.

NICK GRIMSHAW: Oh good.

ANGELA HARTNETT: In Camden way, actually.

NICK GRIMSHAW: Oh!

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Delightful.

ANGELA HARTNETT: Yeah, very delightful. We did think about you and talk about you.

NICK GRIMSHAW: You did?

ANGELA HARTNETT: We did, yeah.

NICK GRIMSHAW: What did you say? Did you say, 'I've got another Nick G.'?

ANGELA HARTNETT: Well, I was saying, Nick, this was his life, your youth was Camden, wasn't it?

NICK GRIMSHAW: It was.

ANGELA HARTNETT: Growing up.

NICK GRIMSHAW: It was, it was. All those years ago.

ANGELA HARTNETT: Life stories, I've read the book, I know.

NICK GRIMSHAW: She's read the book. She knows, she knows.

ANGELA HARTNETT: I know.

NICK GRIMSHAW: But anyway, next time, I look forward to waking up one day and seeing your name light up my phone.

ANGELA HARTNETT: Yep, I will. I'll do it now.

NICK GRIMSHAW: Please. Hey, we have Charlotte Church joining us on the podcast today. Never met Charlotte Church.

ANGELA HARTNETT: I'm amazed by that, amazed.

NICK GRIMSHAW: Never met her.

ANGELA HARTNETT: You've met everyone.

NICK GRIMSHAW: I've met everyone, but definitely never met Charlotte Church, and Charlotte Church was so famous.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Wasn't she?

ANGELA HARTNETT: She's like sang for popes, presidents, everyone.

NICK GRIMSHAW: Everyone. Mad how famous Charlotte Church was. Well is, still, because there's been no one like Charlotte Church before or after.

ANGELA HARTNETT: Sure. But she's low key in a way.

NICK GRIMSHAW: She is, she is.

ANGELA HARTNETT: She's herself, she just does her thing.

NICK GRIMSHAW: I'm really excited about meeting her, I think we're gonna like each other a lot.

ANGELA HARTNETT: I think so, I think she's brilliant, and she swears a lot.

NICK GRIMSHAW: She does.

ANGELA HARTNETT: Swears like a trooper.

NICK GRIMSHAW: So be warned. Be warned everybody. Before we get Charlotte in, let's read this email from Rose from Liverpool.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: She says, 'Hey guys, absolutely love the pod.'

ANGELA HARTNETT: Ooh!

NICK GRIMSHAW: Oh my God!

ANGELA HARTNETT: What?

NICK GRIMSHAW: I started growing peas.

ANGELA HARTNETT: Have you?

NICK GRIMSHAW: Where, in the back garden?

ANGELA HARTNETT: Yeah. When you say you've started growing peas, did you get start with the packet or a little pea plant?

NICK GRIMSHAW: Well, the word pod just reminded me of peas.

ANGELA HARTNETT: Okay, alright.

NICK GRIMSHAW: So I started growing in a pot and I built a little climbing frame.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Out of bits of...

ANGELA HARTNETT: Wood.

NICK GRIMSHAW: Wood, yeah. And I've got little tiny pea shrubs.

ANGELA HARTNETT: Nice.

NICK GRIMSHAW: And I've planted them all in, and then each day they're growing a little bit and I sort of entice them up the-

ANGELA HARTNETT: So they're twining round-

NICK GRIMSHAW: So they're gonna twine up, yeah.

ANGELA HARTNETT: Oh lovely, crawling up the-

NICK GRIMSHAW: How fun, yeah!

ANGELA HARTNETT: So can you bring the peas in and we'll cook them?

NICK GRIMSHAW: I'll bring the peas in. So I'm growing peas and I'm growing tomatoes.

ANGELA HARTNETT: Wow.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Very adventurous.

NICK GRIMSHAW: Yeah. So I water them morning and night.

ANGELA HARTNETT: Do you talk to them?

NICK GRIMSHAW: Don't talk to them.

ANGELA HARTNETT: It's not bad to talk to them.

NICK GRIMSHAW: I might talk to my peas later.

ANGELA HARTNETT: Have a little talk to them.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: And you'll get little flowers on there as well that you can eat.

NICK GRIMSHAW: Really?

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Oh nice.

ANGELA HARTNETT: Pea shoots.

NICK GRIMSHAW: How much are we talking, a few weeks?

ANGELA HARTNETT: I think a bit longer, maybe.

NICK GRIMSHAW: A few months.

ANGELA HARTNETT: A little bit longer.

NICK GRIMSHAW: I'm excited. Do you grow stuff?

ANGELA HARTNETT: Ish. We do herbs. We have like rosemary, thyme, all that.

NICK GRIMSHAW: Oh, I've got thyme.

ANGELA HARTNETT: We've got lots of pots with herbs, we've got loads of lovage, lovage and stuff like that, and sage.

NICK GRIMSHAW: Yeah, I've done peas, tomatoes, and thyme.

ANGELA HARTNETT: Very good.

NICK GRIMSHAW: Right?

ANGELA HARTNETT: There's a little salad in that all by itself, isn't it?

NICK GRIMSHAW: I know, delicious.

ANGELA HARTNETT: A little menu.

NICK GRIMSHAW: Next week's Dish recipe. Cause I think Charlotte grows food, so we can ask her.

ANGELA HARTNETT: Yep.

NICK GRIMSHAW: She grows stuff.

ANGELA HARTNETT: Big time.

NICK GRIMSHAW: Big time. Anyway, back to Rose. She says, 'Love the pod, listen to it religiously. Not a question, but just a random insight into what your pod does. I listened to the episode with Scott Mills when Angela cooked the lovely sea bass dish, which led to me dreaming last night that I went to an animal rescue centre and rescued a sea bass, and a little Pomeranian pup walked out with them under each arm. So random. Anyway, keep doing what you're doing. Rose from Liverpool.' So not a question.

ANGELA HARTNETT: Very random, Rose.

NICK GRIMSHAW: She just dreamt she rescued a sea bass.

ANGELA HARTNETT: Okay. I've never known that there's a rescue centre for sea bass.

NICK GRIMSHAW: For sea bass, yeah.

ANGELA HARTNETT: But hey.

NICK GRIMSHAW: Rescue 'em and then pop 'em in a pan.

ANGELA HARTNETT: Nice.

NICK GRIMSHAW: The Angela Hartnett recipe. If you'd like to send us an email - as you've just heard, you can email us anything - email us, dish@waitrose.co.uk. Alright, our guest today, one of the most famous voices in the world. Actually iconic, it's Charlotte Church.

[Applause]

CHARLOTTE CHURCH: Hi!

NICK GRIMSHAW: Hi Charlotte Church!

CHARLOTTE CHURCH: How's it going?

ANGELA HARTNETT: Brilliant.

NICK GRIMSHAW: We're good, we're really good. We're excited you're here.

CHARLOTTE CHURCH: I'm very excited to be here. I have- I'm good and hungry.

ANGELA HARTNETT: Good.

NICK GRIMSHAW: Good. What did you have for your brekkie, knowing that you were coming on today?

CHARLOTTE CHURCH: I just had a banana.

NICK GRIMSHAW: Just a banana.

CHARLOTTE CHURCH: Yeah, just a banana. So I was just like- on the train on the way up, I was like, I'm actually really hungry now.

NICK GRIMSHAW: I'm actually hungry. Well, good.

CHARLOTTE CHURCH: So yes, I'm ready.

NICK GRIMSHAW: Well, I'm glad that you're here.

ANGELA HARTNETT: You didn't snack, yeah.

NICK GRIMSHAW: Glad that you're hungry.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: And I'm glad that you came to visit, 'cause you came from Wales to London.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: To visit- just for Dish.

CHARLOTTE CHURCH: Just for Dish.

NICK GRIMSHAW: That is-

CHARLOTTE CHURCH: Just for you beauts.

ANGELA HARTNETT: Aw.

NICK GRIMSHAW: Incredible.

CHARLOTTE CHURCH: Well, I hear such wonderful things. About you both.

NICK GRIMSHAW: Do you? What have you heard, what have you heard? Just kidding.

CHARLOTTE CHURCH: What haven't I heard?

NICK GRIMSHAW: We'll, we're excited you're here, Charlotte, we really, really are. The only bit of concern was we've heard that you love a swear.

CHARLOTTE CHURCH: Yes, yes, of course.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: Absolutely.

NICK GRIMSHAW: And this is like family friendly, but you know, we're also a bit edgy.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: Like, swear. So we thought we could get you to read our swear warning.

CHARLOTTE CHURCH: Oh amazing. I- this is the first time I've ever done that.

NICK GRIMSHAW: You know, quite efficient. Just so if anyone starts complaining about Charlotte Church swearing.

CHARLOTTE CHURCH: Oh, I love that.

ANGELA HARTNETT: Yes. Fine, done.

CHARLOTTE CHURCH: Okay: Hello. Dish from Waitrose is an SE Creative Studio production and may contain some mild swearing or adult themes.

[Applause]

ANGELA HARTNETT: Very nice.

NICK GRIMSHAW: Absolutely perfect.

ANGELA HARTNETT: Professional.

NICK GRIMSHAW: When we say mild swearing, what would you consider a mild swear, Charlotte?

CHARLOTTE CHURCH: Er, I was very surprised to hear what the actual worst ones are, like the ones that you cannot say on television, which I can't, I can't-

NICK GRIMSHAW: We'll beep them.

CHARLOTTE CHURCH: I can't.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: Well, the, the main one that, you can't say, which is really surprising because I thought it would be ****.

CHARLOTTE CHURCH: Yeah.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: Isn't.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: It's *****.

NICK GRIMSHAW: Oh!

CHARLOTTE CHURCH: And then the second is *****.

NICK GRIMSHAW: Oh.

CHARLOTTE CHURCH: And then the third is ****.

ANGELA HARTNETT: That's just- I would've thought that would've been first.

CHARLOTTE CHURCH: Isn't it surprising?

NICK GRIMSHAW: Yeah. What's your rule, 'cause you have, you have three kids, right?

CHARLOTTE CHURCH: I do.

NICK GRIMSHAW: What's your rule with swearing in the house?

CHARLOTTE CHURCH: I'm terrible for swearing in the house.

ANGELA HARTNETT: Right.

CHARLOTTE CHURCH: I've got a bit better recently. So, I was much better when my big kids, I got big kids and a little one.

ANGELA HARTNETT: Right.

CHARLOTTE CHURCH: So, fourteen, fifteen, and almost three.

ANGELA HARTNETT: Okay.

CHARLOTTE CHURCH: And so, when my big ones were little, then I was much better with swearing. But now, you know, when they hit like, ten.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: Then it's their first route into sort of that rebellion into finding that adulthood, isn't it, that swearing. And so from about ten then I've just sort of let them be, just understanding that it's- it's a part of the process. I do try and watch the situations in which I do it, particularly if, you know, I feel like I'm in a more conservative or elderly environment.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: But apart from that, when I'm really in my zone, then I just love it. I love swearing, it's joyful.

NICK GRIMSHAW: Yeah, I love it. I think when it works right, like I was allowed to swear when I was little if it was funny.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: Or I was like, doing an impression.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: Yes.

ANGELA HARTNETT: Part of a joke thing, yeah.

NICK GRIMSHAW: You weren't allowed to use it like in an aggressive way.

CHARLOTTE CHURCH: Yes, yes. Absolutely.

ANGELA HARTNETT: Yeah. That makes sense, yeah.

CHARLOTTE CHURCH: Yeah.

NICK GRIMSHAW: Yeah. So Eileen would be like, go on - if it's funny. But don't call someone that.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: Which I quite like.

ANGELA HARTNETT: Exactly, yeah, makes sense actually.

CHARLOTTE CHURCH: That's wonderful. That's nice boundaries.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Nice boundaries. What about in the kitchens of, you know...

ANGELA HARTNETT: Well...

NICK GRIMSHAW: Working with Gordon Ramsay. Does he ever swear?

ANGELA HARTNETT: Do we really need to, I mean-

NICK GRIMSHAW: Not Gordon!

ANGELA HARTNETT: The thing is with Gordon, he swore so much, by the end of it there was no impact.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: Yeah, totally loses it's-

ANGELA HARTNETT: You know, when my mum ever swears, the impact of that.

NICK GRIMSHAW: Oh yeah.

ANGELA HARTNETT: Because she's never been a swearer.

CHARLOTTE CHURCH: Yes.

ANGELA HARTNETT: Was like, phenom- as a child if she ever, you'd be like, oh my God, mum said bloody, you know.

CHARLOTTE CHURCH: She's furious!

ANGELA HARTNETT: Yeah, she's furious!

CHARLOTTE CHURCH: I had a little dolly when I was about three that you could like record sounds into.

NICK GRIMSHAW: Oh my God.

CHARLOTTE CHURCH: Very technological for like '89.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: But you could, you could record sounds into it. And my great auntie- so this is my nana's sister, like naughty, mischievous woman, she's amazing, Auntie Francis, and she used to record swear words into the doll. And so apparently when I was about three, I turned around to my nana, who had asked me to do something, and I was just like, '**** you, nanny.'

NICK GRIMSHAW: Oh my God.

CHARLOTTE CHURCH: So that was my first swear.

NICK GRIMSHAW: That was, it wasn't- it was the doll.

CHARLOTTE CHURCH: And it's really just been like, up and up, since then.

ANGELA HARTNETT: Up ever since.

NICK GRIMSHAW: Just kept on going, kept- well, thank God we did that swear warning.

[Cutlery sounds]

NICK GRIMSHAW: Let's go on to the serious business of food.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: You recently dressed up as a mushroom.

CHARLOTTE CHURCH: I did. I did recently dress up as a mushroom.

NICK GRIMSHAW: Masked Singer, like you remember like before we knew what that was?

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: And someone like pitched it, I was like, you're all mad. No one's gonna watch that.

CHARLOTTE CHURCH: Oh, totally, yeah, it was like, that's insane.

NICK GRIMSHAW: And so loved.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: How did, how- did you watch it before you were asked to do it? Did you love it as a family?

CHARLOTTE CHURCH: We don't watch very much telly, to be honest, so no, it was more 'cause I wanted to design a costume.

NICK GRIMSHAW: Oh yeah, 'cause did they say, what do you want to be?

CHARLOTTE CHURCH: Yeah, they were like you, you can design whatever you want-

ANGELA HARTNETT: Right.

CHARLOTTE CHURCH: -and then I was just like, I know exactly what I wanna be.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: I just wanna pay homage to mushrooms in every form, just because they're such an important part of life on earth, like without mushrooms, you wouldn't have plants, and then therefore you wouldn't have humans, so we owe like, our existence to mushrooms, really.

NICK GRIMSHAW: We have some framed mushrooms right behind you.

CHARLOTTE CHURCH: Oh, darling mushrooms. So, it was because I got to design my own costume, which I was extraordinarily excited about, but also, I really love singing, and so that- the idea of being able to mess around and play with my voice and really try and do something new which didn't sound like me was like, hmm, this'll be a challenge.

NICK GRIMSHAW: Yeah. And was it?

CHARLOTTE CHURCH: I had covid and long covid.

ANGELA HARTNETT: Oh, crikey.

CHARLOTTE CHURCH: And so actually I was really [*gasping sound*] under that mask, so there was many times where I was like, I'm going to faint now. But you know what I felt so, like I really got into the character, I really got into the character of, you know, being a mound of fabulous mushrooms.

NICK GRIMSHAW: Uh. And then do you take mushrooms like every day? Cause I take like, different ones, I have like one I have at night time.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: Which I make into like a little milky thing for night time.

ANGELA HARTNETT: Like a tea sort of thing, yeah.

NICK GRIMSHAW: And then they have them in my smoothies in the morning.

CHARLOTTE CHURCH: Very nice.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: Yeah. I take all sorts, lion's mane, chaga, and they're great for all sorts of different things, immunity, brain functionality. So yeah, we're really understanding-

ANGELA HARTNETT: Are you growing them?

CHARLOTTE CHURCH: Not yet.

ANGELA HARTNETT: Okay.

CHARLOTTE CHURCH: But soon to be.

ANGELA HARTNETT: Ah.

CHARLOTTE CHURCH: But I think we'll start that at The Dreaming, the retreat centre.

NICK GRIMSHAW: Yes.

CHARLOTTE CHURCH: Cause then that can be done by our horticulturalist Paul, who really knows what he's doing.

NICK GRIMSHAW: Oh yeah.

[Cocktail making sounds]

NICK GRIMSHAW: So, we've got a little alcohol-free cocktail for Charlotte. We've gone for a raspberry and ginger fizz.

CHARLOTTE CHURCH: How delicious.

NICK GRIMSHAW: Which is really easy. It's basically Waitrose Raspberry & Pear cordial, lemons, fresh raspberries, and then some ginger beer on top.

CHARLOTTE CHURCH: It's amazing.

NICK GRIMSHAW: That's good, isn't it?

CHARLOTTE CHURCH: That is like such a like summer refresher.

NICK GRIMSHAW: Mm-hmm.

CHARLOTTE CHURCH: Absolutely gorgeous.

NICK GRIMSHAW: I love that.

CHARLOTTE CHURCH: Me too.

NICK GRIMSHAW: Really wakes up the mouth, that.

CHARLOTTE CHURCH: Mm.

NICK GRIMSHAW: We're about to eat now. What do you like cooking at home, Charlotte?

CHARLOTTE CHURCH: I absolutely love a breakfast.

NICK GRIMSHAW: Love breakfast.

CHARLOTTE CHURCH: Cooking like a full, full English breakfast, but with as many curve balls in there as I can.

NICK GRIMSHAW: Oh yeah, like what?

CHARLOTTE CHURCH: Like crispy kale and cutting up like a really fine salsa.

NICK GRIMSHAW: Ooh.

CHARLOTTE CHURCH: And just getting as many vegetables on the plate as I possibly can.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: So, I really love doing a breakfast.

NICK GRIMSHAW: I love a brekkie.

CHARLOTTE CHURCH: And then other than that, then-

[Bread crunching sounds]

NICK GRIMSHAW: That sounds like a sound effect.

ANGELA HARTNETT: Sorry. I'm making breakfast sounds 'cause I've got the bread all crunchy.

NICK GRIMSHAW: I do love breakfast.

CHARLOTTE CHURCH: Yeah.

NICK GRIMSHAW: I hate- my boyfriend Mesh doesn't do breakfast, and one of my biggest irks, it's like, what, you woke up not hungry? After hours of being asleep?

CHARLOTTE CHURCH: Totally. I've got to eat almost as soon as I get up.

NICK GRIMSHAW: Same. Or I'm cranky.

CHARLOTTE CHURCH: Otherwise I'm like, oh my blood sugar!

NICK GRIMSHAW: Me too, I'm like, I'm depressed! And then I'm like, oh I just needed that bit of cereal.

CHARLOTTE CHURCH: Yep, same with me.

NICK GRIMSHAW: Where should I put these, over here? Oh, wow, Angela.

CHARLOTTE CHURCH: Ooh!

NICK GRIMSHAW: Oh wow.

ANGELA HARTNETT: Credit to a fellow restaurateur, Ravinder Bhogal, this is her recipe that she's done for the celebrations for the- this year of the coronation.

NICK GRIMSHAW: Oh, for the coronation. But that's not a quiche is it, what is this?

ANGELA HARTNETT: No, this is a savoury cheesecake with balsamic glazed vegetables.

NICK GRIMSHAW: Wow. Savoury cheesecake. Have you ever had a savoury cheesecake before?

CHARLOTTE CHURCH: I've never had a savoury cheesecake.

NICK GRIMSHAW: Never even heard of it.

CHARLOTTE CHURCH: I absolutely love a cheesecake, so, I mean-

NICK GRIMSHAW: And cheese.

ANGELA HARTNETT: And cheese.

CHARLOTTE CHURCH: Yeah, absolutely.

ANGELA HARTNETT: I'll just take that, my dear.

CHARLOTTE CHURCH: Thank you very much.

NICK GRIMSHAW: I'm really ready for this.

ANGELA HARTNETT: There you go my dear.

CHARLOTTE CHURCH: Thank you so much!

NICK GRIMSHAW: Thanks Ange.

ANGELA HARTNETT: Come on Nicholas.

NICK GRIMSHAW: Oh my God.

CHARLOTTE CHURCH: Very exciting.

ANGELA HARTNETT: So, it's got blue cheese, creamy goats cheese, a brie-like cheese, and some cream cheese, and we've got the goats cheese from Wales, and then caramelised vegetables, beetroot and carrots, and then I've added some asparagus and sugar snaps and walnuts. And then I've made a little bit more red wine dressing just to break the cheese.

NICK GRIMSHAW: How did you make that?

ANGELA HARTNETT: So, it's the four types of cheeses, whisk together, and then just eggs, and then you bake in the oven for about forty-five minutes.

CHARLOTTE CHURCH: Wow.

ANGELA HARTNETT: First on a high temperature then lower it, and it sort of expands like this, I saw it and I thought, my God, it's going everywhere, and then it just sets.

CHARLOTTE CHURCH: Mm.

ANGELA HARTNETT: So- and then just do it the night before, and then the key I think, bring it out early enough so it's room temperature.

CHARLOTTE CHURCH: Mm.

NICK GRIMSHAW: And how come it just doesn't just melt and run everywhere, if it's just cheese in the oven for forty-five minutes?

ANGELA HARTNETT: The eggs bake it.

NICK GRIMSHAW: Oh, the eggs.

CHARLOTTE CHURCH: Oh.

ANGELA HARTNETT: Yep.

NICK GRIMSHAW: If you wanna find out the recipe for the- our savoury cheesecake with balsamic glazed vegetable, you can go on [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes).

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Try it out there.

CHARLOTTE CHURCH: Yummy, yummy, yummy.

NICK GRIMSHAW: Sorry guys, but this is really good.

[Dinner table sounds]

ANGELA HARTNETT: So, Charlotte's got one of the most unique things, apart from everything she's doing now, is she's someone you've never met!

CHARLOTTE CHURCH: Mm!

NICK GRIMSHAW: Yeah!

ANGELA HARTNETT: Which I thought was extraordinary.

NICK GRIMSHAW: But I honestly-

ANGELA HARTNETT: I mean, he's met everyone.

CHARLOTTE CHURCH: I know.

NICK GRIMSHAW: No but there's certain people who I genuinely, and this sounds frivolous but it's not, but like they're so famous and I think you are, that I'm like, do I know Charlotte Church or has she just been omnipresent in my brain since she was twelve?

ANGELA HARTNETT: In your life forever.

CHARLOTTE CHURCH: We haven't met, no. But also I think it's because I've been- like, I'm thirty-seven now, so I've been around on the scene for twenty-seven years. No, that's not right, twenty-five years.

NICK GRIMSHAW: Twenty-five years!

ANGELA HARTNETT: Wow.

CHARLOTTE CHURCH: And so, I think that people do feel like I'm a distant cousin.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah. Like, I know Charlotte.

CHARLOTTE CHURCH: Yeah!

NICK GRIMSHAW: Yeah!

CHARLOTTE CHURCH: Because people like, in the supermarket, in the garden centre, whatever, are just like, 'How's your mother?'

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: 'How are the kids? How's'- you know, and people are really like, 'Oh, sorry, I don't mean to,'- and I'm like, 'It's fine!' Like, it's totally lush. I really enjoy it. And it's also given me quite a skewed version or vision of reality, really.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: Cause I think that everybody's lush.

NICK GRIMSHAW: You're like, everyone's so chatty.

CHARLOTTE CHURCH: Totally.

NICK GRIMSHAW: In the supermarket.

ANGELA HARTNETT: You've been doing it for a while.

CHARLOTTE CHURCH: Yeah.

ANGELA HARTNETT: But you're so young.

CHARLOTTE CHURCH: Yeah.

ANGELA HARTNETT: You could – we were talking about it - turned out to be awful.

CHARLOTTE CHURCH: Oh yeah.

NICK GRIMSHAW: Could've been awful.

ANGELA HARTNETT: But you're amazing.

CHARLOTTE CHURCH: Aw.

ANGELA HARTNETT: You know- no, but, but Bush and all these people you've sung for and you know, you've done some incredible things, you know. And there are people who have, you know, let celebrity and that lifestyle-

NICK GRIMSHAW: Derail them.

ANGELA HARTNETT: Change them, yeah. Derail them, that's a great word for it, but you are just normal down to earth, not fussed, like you say, going to the supermarket.

CHARLOTTE CHURCH: Totally. But I think part of it is growing up working class.

ANGELA HARTNETT: Right, yeah.

CHARLOTTE CHURCH: You know, the- my family were just like, there was, there was no room for airs and graces and all that nonsense, it was just like, nah. 'You are who you are, you come from where you come from. We are extraordinarily lucky to be in this position.'

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: 'You are extraordinarily lucky to be in this position, sure you're talented, but like a lot of this is luck.' I think staying in Wales and so always being really close to my roots, to my family, but also like, like that good Welsh energy, which just keeps things like...

ANGELA HARTNETT: Grounded.

NICK GRIMSHAW: What do your older kids make of it? Cause they're what, fourteen, fifteen, did you say?

CHARLOTTE CHURCH: Mm.

NICK GRIMSHAW: Because by their age, you'd been working for five years, 'My darling.'

CHARLOTTE CHURCH: Yeah, yeah. 'I'd been to the White House three times.'

ANGELA HARTNETT: 'Darling.'

NICK GRIMSHAW: 'Oh, you've never been?'

CHARLOTTE CHURCH: I mean, they... they're slightly interested but not really.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: You know, they're sort of a bit like, oh yeah, what- yes, you did do that, okay. What was that like?

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: If I have to ask you. But they've been brought up in a very different way to how I was brought up, 'cause they go to the school that I set up, the Awen Project, which is- a lot of that is focused on young people having more agency around their education and what they learn, and so that's very much sort of like how we bring them up, and yeah, so I suppose they are, you know, they're vaguely interested in my life, but not really.

NICK GRIMSHAW: But not really. Would you ever like go back and be like, I'm gonna have a new pop career. I'm gonna go do it. Cause you still enjoy singing, don't you, and performing?

ANGELA HARTNETT: Yeah, exactly.

CHARLOTTE CHURCH: Well, for the last seven years I had this band called Charlotte Church's Late Night Pop Dungeon.

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: Okay, yeah.

CHARLOTTE CHURCH: Which is the most fun a human being can have in an hour.

NICK GRIMSHAW: Fantastic band name.

CHARLOTTE CHURCH: Just so much fun. And we go from like Black Sabbath to Nirvana to Destiny's Child, to- I mean, everything all over the place, nine-piece band, amazing musicians. So I loved that. And so now, I've got an idea for a project going forward. So I'm, I'm a sound healer now, so I'm doing stuff at The Dreaming, which is really about pulling out the strands of how sound can be used for healing, how voice can be used for healing, but that's much more on a person to person basis, like in a really- in a small room. Whereas Pop Dungeon was about like absolute ecstasy, like real elation, joy, and so what I want my next project to be- because I never do anything by halves, like once I get an idea in my mind, I'm tenacious and I will work, so I wanna sort of try and meld this idea of music and healing, and voice and healing, with that joy and ecstasy.

NICK GRIMSHAW: Oh wow.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Love that as a goal, don't you?

CHARLOTTE CHURCH: Darling!

[Cooking sounds]

ANGELA HARTNETT: Tell us about the wellness centre, because partly I wanna know what food you're doing and who's cooking it. I'll see our little cheesecake down there when we go down there.

CHARLOTTE CHURCH: Absolutely. So it's called The Dreaming, and it's right- centred in the heart of Wales in the Cambrian Mountains, we're flanked by two waterfalls, either side.

ANGELA HARTNETT: Oh my God.

CHARLOTTE CHURCH: One which has got hydro mill, so we get a lot of our power from the hydro mill in the Elan Valley, which is situated in the Cambrian Mountains. And it's just like, oh, it's so beautiful, I love it so much. I've been doing a renovation of it for the last two years, which was hardcore.

ANGELA HARTNETT: I bet.

CHARLOTTE CHURCH: But amazing. Like I really got to just be really creative and just put like, all of my creativity into, into something so different to, you know, music or anything that I would generally think I was creative at, I suppose.

NICK GRIMSHAW: Yeah. And did you plan to do that or did you like have the house and then like, we could do a wellness retreat, or did you go out looking for somewhere to do this?

CHARLOTTE CHURCH: I think it just got to- it's got to a point in my life where I've been an activist for a number of years. I really care about the future and the future of the planet, you know, I really think that we can turn things around and so I wanted to be involved in projects and I wanted to start projects, which was living my values really, and living my activism. We've got a water source heat pump and we've got the hydro mill, and we're gonna have a huge food growing project. So this year we'll have about an acre, an acre and a half of land in which to grow food, and then, in the next two or three years, that's gonna grow to like three or four acres.

NICK GRIMSHAW: Wow.

ANGELA HARTNETT: Brilliant.

CHARLOTTE CHURCH: We're gonna have some agroforestry stuff where we start like, food forests, lots of foraging.

ANGELA HARTNETT: Bees.

CHARLOTTE CHURCH: Bees. We've got bees. But behind us, like the, the house is on like forty-seven acres of beautiful land, forests, and then behind us is 80,000 acres of wilderness.

ANGELA HARTNETT: Oh my God.

NICK GRIMSHAW: Wow.

CHARLOTTE CHURCH: And so that, that is really amazing as well in terms of like foraging-

NICK GRIMSHAW: What'd you forage?

CHARLOTTE CHURCH: Well there's all sorts of things. It depends on the season, there's just so much you can eat when you start to think about it. Wood sorrel in the woods, which is amazing in salads, loads of mushroom foraging.

ANGELA HARTNETT: And is it gonna be like yoga, you can eat well?

CHARLOTTE CHURCH: Yeah. So like the main three things that I'm passionate about, which I think comes out in The Dreaming is, nature connection. So a lot of our offerings, which is like our workshops, but it's- everything's supposed to be very much that you, it's like a buffet, you pick and choose, when you come there you drop into your body and you, and you start to really feel out, what does your body need? What do I wanna do? How- you know? For some people, they just need total radical rest 'cause their nervous systems are burnt out, for other people they need to go and explore and like really be captivated by nature, and almost return to that childlike wonder and awe. So, it's nature connection, sound healing - I'm a practitioner there and I go and do sound journeys and I do singing to the land.

ANGELA HARTNETT: Oh wow.

CHARLOTTE CHURCH: And the, then the third pillar of it is ceremony in terms of like rituals and ways of being, living really close to the land, and really seasonally.

NICK GRIMSHAW: What an amazing place and an amazing idea.

ANGELA HARTNETT: I think you've just hit it, yeah. There's something about I think, just, waking up with the sun and going to bed with the sun and just living your life very, very naturally. And I think more people are doing that now.

CHARLOTTE CHURCH: And so just for people just to be able to come for a couple of days and take away all sorts of practices.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: So they start to build up a toolbelt of like, what is it- how do I calm my nervous system? What is it that that my particular physiology needs? But also, to understand that lots of this stuff doesn't need to be- well, it can be free. Breathing, doing breathwork, you, you don't always have to go to a class, and you don't always have to be sort of schooled through it. And so, I'm hoping that people, once they come to The Dreaming, can like really take a lot to become healers in their own homes, in their own communities.

ANGELA HARTNETT: Fantastic.

CHARLOTTE CHURCH: But we've also got a sliding scale price range and a pay what you can system.

ANGELA HARTNETT: Oh.

NICK GRIMSHAW: Oh, amazing.

CHARLOTTE CHURCH: So that on every retreat there's a pay what you can space, because I - you know, everybody's struggling, so I want us to make sure that we're not too bougie.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Sure, sure, sure.

NICK GRIMSHAW: It's an amazing idea and I really love it, and I think- I don't think until probably I was about not joking thirty-five, like thought, wait, maybe I should think about what I'm eating or drinking, or like my mental wellbeing. I don't think I drank water 'til I was about thirty.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: I'm serious.

CHARLOTTE CHURCH: Yeah, totally.

NICK GRIMSHAW: Now I'm like, have I had enough, and did I meditate? But it's funny, isn't it, like getting more in tune of yourself, and I think the more people that are, it feels like more beneficial for everybody, doesn't it?

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: But I saw it in the- I can't remember in a magazine or the paper, the house is amazing.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: And it was Laura Ashley's old home, right?

CHARLOTTE CHURCH: Yes. So, it was Laura Ashley's old family home.

NICK GRIMSHAW: Wow.

CHARLOTTE CHURCH: She bought it in the sixties and did loads of the photo shoots, but also took loads of inspiration from the land, from the wildflowers and stuff that's all around, for her designs. So yeah, the house has got like serious history. Back in the 15th century it was a Cistercian monastery.

ANGELA HARTNETT: Wow.

CHARLOTTE CHURCH: So, it's got like, it's got the feels.

NICK GRIMSHAW: It's got the feels.

CHARLOTTE CHURCH: It's got serious energy. [*Excited noise*]

NICK GRIMSHAW: It's got the feels.

CHARLOTTE CHURCH: I love it.

[*Pepper grinder sounds*]

NICK GRIMSHAW: Is there any practices that you do every single day that you think are like a game changer for you? Like, any little practices that you do?

CHARLOTTE CHURCH: A couple of things.

NICK GRIMSHAW: Uh-huh.

CHARLOTTE CHURCH: Not things that I necessarily do every single day, but definitely a couple of times a week.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: One of them is- and I can do this in different places. Sometimes I do it in the forest, sometimes I do it at the beach, but I just go with a banging playlist, and I shake my body hard.

ANGELA HARTNETT: Brilliant.

CHARLOTTE CHURCH: But somewhere in nature, and I just dance, I just dance my ass off. And so, some- so sometimes it might be with a group of friends and I'll just like do a WhatsApp group, organise it, we go on a Friday night, at sundown. Because the, the dawn and dusk are really important times of day, important times to get the sun on your skin to regulate your circadian rhythm.

NICK GRIMSHAW: Mm-hmm.

CHARLOTTE CHURCH: But also, there's just something very liminal and important about those times of day and those times of day to be outside and to be in nature.

NICK GRIMSHAW: Love that idea. I started doing in the mornings, and I've done it really good this year apart from yesterday... when I wake up, getting like the light in and like opening the back door and like- but like get out there at like seven and get the sun on.

CHARLOTTE CHURCH: Totally.

NICK GRIMSHAW: Does make me feel better.

CHARLOTTE CHURCH: But also, if you put on a playlist and you started dancing, you'd be out there for forty minutes, easy.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Neighbours would love that in Hackney.

CHARLOTTE CHURCH: But I tell you-

NICK GRIMSHAW: Sometimes I am at 7am.

CHARLOTTE CHURCH: But you know what, all you've got to have is headphones, and then-

ANGELA HARTNETT: Like silent disco.

CHARLOTTE CHURCH: Yeah, exactly. So, we do that at The Dreaming.

ANGELA HARTNETT: Oh.

NICK GRIMSHAW: Oh, you do silent disco.

ANGELA HARTNETT: Brilliant.

CHARLOTTE CHURCH: We've got- it's called Celestia Blessings and we dance up the dawn to three banging playlists.

ANGELA HARTNETT: I bet.

CHARLOTTE CHURCH: And so- and that's something that I do a lot. And then the other thing I do a lot is singing to the land.

NICK GRIMSHAW: So what, you just go and have a sing?

CHARLOTTE CHURCH: Yeah. And so-

NICK GRIMSHAW: Oh, I'd love to be a tree near Charlotte Church's house.

CHARLOTTE CHURCH: At the outset, it sounds a bit woo.

NICK GRIMSHAW: Mm.

CHARLOTTE CHURCH: But actually, the birds will react, like, nature reacts to you being there and you making sound in which is, you know, trying to be melodious or whatever.

ANGELA HARTNETT: Sure, yeah.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: The second thing is that it calms the nervous system. And then thirdly, for me, I've got an incredibly busy mind, like OCD tendencies, like really [*whooshing sounds*].

NICK GRIMSHAW: Mm-hmm.

CHARLOTTE CHURCH: And so, it's almost like throwing the mind a bone.

NICK GRIMSHAW: Right.

CHARLOTTE CHURCH: So you can then be free to enjoy a beautiful walk in nature where you are present and you are aware, but your brain isn't going, 'Oh, I just haven't done that, and duhduhduh,' which is what my brain would be doing if I wasn't. But if I'm singing, then it's just enough.

ANGELA HARTNETT: Yeah. Calming you.

NICK GRIMSHAW: Yeah. I would like to do a study if the land does like it as much when you sing as to when I sung. Or if birds are like [*bird noise*]. Love to do that.

CHARLOTTE CHURCH: I think they would.

NICK GRIMSHAW: D'you think?

CHARLOTTE CHURCH: Absolutely. Because it's about sound making.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: Plants don't hear in the traditional way that we hear.

NICK GRIMSHAW: Right, they just like, feel it.

CHARLOTTE CHURCH: It's vibrations.

NICK GRIMSHAW: Oh, vibrational.

CHARLOTTE CHURCH: It's vibrational of frequencies.

NICK GRIMSHAW: I feel like I'd be good at a vibration.

CHARLOTTE CHURCH: Yeah.

NICK GRIMSHAW: Bassy.

CHARLOTTE CHURCH: Yeah.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: Totally. Bassy and beautiful. Yeah.

[*Drink pouring sounds*]

NICK GRIMSHAW: I feel like when we did the Charlotte Church research, there was so many like curve balls of amazing things that you've done, of like performing, you know, at the White House, you know, the Charlotte Church Show.

CHARLOTTE CHURCH: Yeah.

NICK GRIMSHAW: Also, I really loved Crazy Chick, by the way.

CHARLOTTE CHURCH: Aw.

NICK GRIMSHAW: I have a problem when I see someone's face that their song goes in my head.

CHARLOTTE CHURCH: Yes, of course. I have so many people singing Crazy Chick around me.

NICK GRIMSHAW: Ugh! Claire was like, 'Let's put it on,' and I was like, 'Do not put it on.'

CHARLOTTE CHURCH: 'It'll be in my mind.'

NICK GRIMSHAW: Because I will sing it throughout the interview. You know, the fun bits aside, 'cause we remember on the show when you used to do the duets on your show, and you sung with like, Amy Winehouse.

CHARLOTTE CHURCH: Yeah.

NICK GRIMSHAW: Do you have any good memories of doing that TV show and doing the duets?

CHARLOTTE CHURCH: Oh gosh, I've got so many good memories of doing that. It was a real challenge for me 'cause I was a- you know, coming in as a singer, as a musician, and then having to be a comedy actress.

ANGELA HARTNETT: Yeah.

CHARLOTTE CHURCH: And like a presenter and- so it was loads of fun. Yeah, singing with Amy was amazing, that was a beautiful experience, I'm really glad I got to meet her. Nelly Furtado was great.

NICK GRIMSHAW: Oh yeah.

ANGELA HARTNETT: That would've been brilliant.

CHARLOTTE CHURCH: Yeah, she was really cool. Manic Street Preachers were amazing!

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: Yeah, of course.

CHARLOTTE CHURCH: God, there were so many, I can't, I can't remember them all. But yeah.

NICK GRIMSHAW: There'll be someone listening to this being like, 'I duetted with her.'

CHARLOTTE CHURCH: 'She doesn't remember.' Talking about not remembering, I did a duet with Usher and I had no recollection of it.

NICK GRIMSHAW: Oh!

CHARLOTTE CHURCH: I was like fifteen. I dunno, me and my mum were talking and she was like, 'Oh, remember you did that lovely duet with Usher,' and I was like, 'No? When did I duet with Usher?' She was like, 'You remember, in that parade thing they used to do in New York?' Couldn't believe it.

NICK GRIMSHAW: Can't remember.

CHARLOTTE CHURCH: I love Usher!

NICK GRIMSHAW: Yeah. You were there!

CHARLOTTE CHURCH: I'm chuffed.

NICK GRIMSHAW: Well, if you are listening, Usher, we're ever so sorry.

ANGELA HARTNETT: She remembers you.

CHARLOTTE CHURCH: I remember you!

NICK GRIMSHAW: She remembers!

[Whistle blowing sound]

NICK GRIMSHAW: Ooh we've gotta talk about football. Naturally rolled off my tongue. We saw you in the Ryan Reynolds clip, down at down at Wrexham.

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: You a Wrexham fan?

CHARLOTTE CHURCH: I'm not a Wrexham fan. I'm not really a football fan to be honest, but...

NICK GRIMSHAW: Right. Ryan Reynolds fan?

CHARLOTTE CHURCH: Ryan Reynolds asks you to do something, you're like, 'Yes!'

NICK GRIMSHAW: 'On my head, son!'

CHARLOTTE CHURCH: Totally.

NICK GRIMSHAW: 'Get down there!'

CHARLOTTE CHURCH: So I did their- I went-

[Laughter]

CHARLOTTE CHURCH: Quite.

ANGELA HARTNETT: Nick's football talk.

CHARLOTTE CHURCH: He flew me and my kids out to New York.

NICK GRIMSHAW: Go on, Ryan.

CHARLOTTE CHURCH: Because- 'cause yeah, they were doing the show about Wrexham, and I went and I sang the national anthem.

ANGELA HARTNETT: Oh.

NICK GRIMSHAW: Fab.

CHARLOTTE CHURCH: Hen Wlad Fy Nhadau. Yeah, and I was like, look, I'm a, I'm a mum, I'm a working mum - 'cause the kids were like, 'It's Ryan Reynolds! We have to go!' So I was like, I'm a working mum, unfortunately you're gonna have to bring all three of my children out, and they were like, yeah, sure, fine, we- you know.

NICK GRIMSHAW: 'It's fine.'

CHARLOTTE CHURCH: And then they got to meet him.

NICK GRIMSHAW: Aw.

CHARLOTTE CHURCH: Him and Rob McElhenney.

ANGELA HARTNETT: Nice.

CHARLOTTE CHURCH: And they were delicious.

ANGELA HARTNETT: Aw.

NICK GRIMSHAW: Aw, that's good to hear.

CHARLOTTE CHURCH: They were so kind, they're so lovely. So yeah, I think what they're doing for Wales-

ANGELA HARTNETT: Brilliant.

CHARLOTTE CHURCH: -in terms of Wrexham and stuff, they- but it's really genuine.

NICK GRIMSHAW: Yeah, they love it, yeah.

CHARLOTTE CHURCH: You know what I mean? Like often when people- unfortunately the way that Wales has been portrayed for such a long time is like where the poor relation, do you know what I mean?

NICK GRIMSHAW: Mm.

CHARLOTTE CHURCH: And a lot of people talk about us with- taking the piss, but actually it feels like... it's really like, uplifting.

NICK GRIMSHAW: Yeah.

CHARLOTTE CHURCH: And they're doing it with a lot of care, and integrity, I think.

NICK GRIMSHAW: Oh, that's good to hear.

[Dinner table sounds]

NICK GRIMSHAW: So we come to the end of the show question. We have a question here sealed in a gold envelope for you, Charlotte Church, a question not seen by me or Angela.

CHARLOTTE CHURCH: Mm.

NICK GRIMSHAW: You can read it, and if you want to answer it, then you can win a Waitrose goodie bag.

CHARLOTTE CHURCH: Oh!

NICK GRIMSHAW: If not, Angela and I will eat this on the way home.

CHARLOTTE CHURCH: Darling, I'm answering the question.

ANGELA HARTNETT: Regardless.

NICK GRIMSHAW: I will drink the olive oil.

CHARLOTTE CHURCH: Who- everybody loves a freebie.

NICK GRIMSHAW: Okay, here we go.

CHARLOTTE CHURCH: 'You are very good friends with Michael Sheen.' Am I? 'Would you ring him now and ask him to come on the show next time he's in town?'

NICK GRIMSHAW: Oh my God, no, you-

ANGELA HARTNETT: Yes.

CHARLOTTE CHURCH: That's me looking for my phone in my boobs. Yes. I mean, I can't ring him now 'cause I don't have my phone on me, but yes.

NICK GRIMSHAW: Yes.

CHARLOTTE CHURCH: I will.

NICK GRIMSHAW: What about a text? Less intrusive.

CHARLOTTE CHURCH: Yeah, totally.

NICK GRIMSHAW: Yeah. Drop Michael Sheen a text.

CHARLOTTE CHURCH: I will text him for you.

NICK GRIMSHAW: The goodie bag, Charlotte, is yours.

ANGELA HARTNETT: Yep, it's there.

[Applause]

NICK GRIMSHAW: Oh, it's heavy.

CHARLOTTE CHURCH: Oh, darling.

NICK GRIMSHAW: And you can take some cheesecake home as well.

ANGELA HARTNETT: Course.

CHARLOTTE CHURCH: Oh lovely.

ANGELA HARTNETT: You can take loads of stuff home.

NICK GRIMSHAW: Stink that train out on the way home.

CHARLOTTE CHURCH: Ah.

NICK GRIMSHAW: Someone's gonna be like, 'Can you smell a savoury cheesecake?'

CHARLOTTE CHURCH: Yes.

NICK GRIMSHAW: 'With balsamic vegetables?'

CHARLOTTE CHURCH: I'll be, I'll be sharing it with the...

NICK GRIMSHAW: The carriage.

CHARLOTTE CHURCH: Yeah, with the travellers.

ANGELA HARTNETT: Oh, bless.

NICK GRIMSHAW: Well, Charlotte, thank you for coming to see us.

CHARLOTTE CHURCH: Thank you.

NICK GRIMSHAW: That was really, really fun.

ANGELA HARTNETT: Incredible. Amazing.

NICK GRIMSHAW: Charlotte Church, everybody.

[Applause]

NICK GRIMSHAW: Coming up next week on Dish, we have the legend that is Ruby Wax.

NICK GRIMSHAW: And you do, um...

ANGELA HARTNETT: Cold water swimming?

RUBY WAX: It's addictive.

NICK GRIMSHAW: Yeah.

RUBY WAX: You get a hit. Have you done it?

ANGELA HARTNETT: I did it in Norway, I-

RUBY WAX: Did you break the ice?

ANGELA HARTNETT: It wasn't that bad, but the only way to go in was back-flip in, 'cause I think-

NICK GRIMSHAW: Oh!

ANGELA HARTNETT: -you start going.

NICK GRIMSHAW: A bit of gymnastics too.

ANGELA HARTNETT: You've got to.

RUBY WAX: Are you doing a back flip, and you can make cauliflower?

NICK GRIMSHAW: If you would like to recreate today's dish for your friends, or family, or maybe a stranger in the street, head to [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes). That is where you'll find all the meals we've ever made on the podcast.

ANGELA HARTNETT: Follow Dish wherever you get your podcasts, so you'll guess it delivered to your device every week. And if you enjoy it, please leave us a great review.

NICK GRIMSHAW: If you don't just listen to something else. We can't all have a Michelin-star chef in the kitchen, but you can get some Michelin-star advice. Email your questions for Angela, wherever they are, to dish@waitrose.co.uk

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